
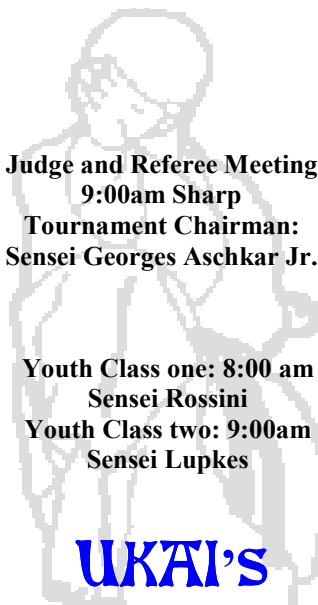










UKAI	Friday				Saturday				Sunday	
7:30—8:30 am	<b>Breakfast</b>				6:30 - 7:45 am Day Two Introduction and Warm up Session Sensei S. Lopresti					
8:30—9:00 am	Camp Introductions and Opening Ceremony Senior Instructors				8 - 9 am <b>Breakfast</b>					
Rooms 1—2—3 9:00—10:00 am  Room 4—5 9:00—10:30am  Rooms 1-2-3 10:00—11:00 am  Rooms 1—2—3 11:00-12:00pm  Room 4—5 10:30-12:00pm	<b>Room 1</b> 9 - 5 Kyu Kata Gould	<b>Room 2</b> 4 - 1 Kyu Kihon Williams	<b>Room 3</b> 1 - 5 Dan Kumite S.Lopresti	<b>Rooms 4 &amp; 5</b> Sakugawa No Kun Bo Kata Sensei Frobrel		9 - 5 Kyu Body Dynamics Gould	4 - 1 Kyu Tai Sabaki Ten No Kata S. Lopresti	 <b>TEKKI</b> 1-3 Kata Romano	<b>Room 4 &amp; 5</b> Katori Shinto Ryu Classical Swordsmanship Sensei P Lopresti	 <p>Judge and Referee Meeting 9:00am Sharp Tournament Chairman: Sensei Georges Aschkar Jr.</p> <p>Youth Class one: 8:00 am Sensei Rossini Youth Class two: 9:00am Sensei Lupkes</p> <p><b>UKAI'S</b></p> <p>2009 Junior Karate Championship</p> <p>Tournament begins at 10:00am Sharp</p>  
<b>Room 1</b> 9 - 5 Kyu Kihon S.Lopresti	<b>Room 2</b> 4 - 1 Kyu Kumite Rossini	<b>Room 3</b> 1 - 5 Dan Kata Williams	<b>Rooms 4 &amp; 5</b> Koryu Uchinadi Quadrant Drills Sensei P. Lopresti 		9 - 5 Kyu Kata Williams	4 - 1 Kyu Jiyu Ippon Kumite Aschkar	1 - 5 Dan Kihon Romano	 <b>Instructor Development Course</b> UKAI Technical Committee Allan, Romano, S. Lopresti, P. Lopresti		
<b>Room 1</b> 9 - 5 Kyu Kumite Rossini	<b>Room 2</b> 4 - 1 Kyu Kata S. Lopresti	<b>Room 3</b> 1 - 5 Dan Kihon Gould			9 - 5 Kyu Kihon Williams	<b>MMA Found in Kata</b> Frobrel	1 - 5 Dan Training Gould			
12:00—1:00 pm	<b>Lunch</b>				<b>Lunch</b>					
1:00—2:30 pm	<b>Rooms 1 2 3</b> Lecture and training: Sensei Clayton Japanese Self Defense Art <b>Jein Do</b>				<b>Rooms 1 2 3</b> The Mind of the Competitor Aschkar		<b>Dojo Owner Lecture</b> How to Attract More Students Mr. Dale Lasher			
Rooms 1—2—3 2:30—4:00 pm  Fitness Center 2:30—4:00pm	<b>Rooms 1 2 3</b> Advanced Kumite Practice Romano		<b>Happo No Kuzushi</b> Balance Allan	<b>KIME</b> Strength Program Sensei Frobrel In Fitness Center  <b>Rooms 4 &amp; 5</b> Aiki Kenpo Jujutsu MMA Drills Sensei P. Lopresti & Sensei Rossini 		<b>Room 1</b> Kyu rank Stances S. Lopresti	<b>Room 2</b> Intro to K U Allan / Lupkes	 <b>1 - 5 Dan Kata</b> Niju Shiho Romano		
Rooms 1—2—3 4:00—5:00 pm  Room 4—5 3:00—5:00pm	 <b>Advanced Kata</b> Sensei Allan		<b>Beg./Int. 3K</b> Practice Sensei S. Lopresti			<b>Rooms 4 &amp; 5</b> Everything you ever wanted to know about Nukite and other fun Bunkai (Spear Hand Strike) Sensei P Lopresti   5pm Closing Ceremony and Photos				

All classes and instructors are subject to change without prior notice due to the number of students.



Lopresti



Romano



Lopresti



Allan



Gould

# INSTRUCTORS

## SPECIAL GUESTS



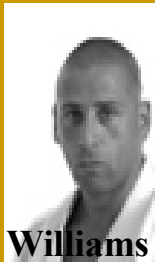
Frobel



Clayton



Aschkar



Williams



Rossini

### UNITED KARATE ASSOCIATIONS INTERNATIONAL

# UNITED KAI



## World Training Camp 2009



Atlantic City NJ  
March 26th-29th 2009  
Seaview Marriott